

## Scoring the IPPA-R

- All items are scored as 1 = Never True, 2 = Sometimes True, 3 = Always True
- Italicized items are reverse scored.
- Factors are as follows: [A = Alienation; C = Communication; T = Trust; \* = On subsequent factor analyses item did not load sufficiently highly for inclusion]

### Parent Scale Items

1. My parents respect my feelings - T
2. My parents are good parents - T
3. *I wish I had different parents* \*
4. My parents accept me as I am. T
5. *I can't depend on my parents to help me solve a problem.* \*
6. I like to get my parents' view on things I'm worried about. C
7. *It does not help to show my feelings when I am upset.* \*
8. My parents can tell when I'm upset about something. C
9. *I feel silly or ashamed when I talk about my problems with my parents.* A
10. *My parents expect too much from me.* \*
11. *I easily get upset at home.* A
12. *I get upset a lot more than my parents know about.* A
13. When I talk about things with my parents they listen to what I think. T
14. My parents listen to my opinions. T
15. *My parents have their own problems, so I don't bother them with mine.* \*
16. My parents help me to understand myself better. C
17. I tell my parents about my problems and troubles. C
18. *I feel angry with my parents.* A
19. *I don't get much attention at home.* A
20. My parents support me to talk about my worries. C
21. My parents understand me. T
22. *I don't know who I can depend on.* A
23. When I am angry about something, my parents try to understand. T
24. I trust my parents. T
25. *My parents don't understand my problems.* A
26. I can count on my parents when I need to talk about a problem. C
27. *No one understands me.* A
28. If my parents know that I am upset about something, they ask me about it. C

## Peer Scale Items

1. I like to get my friends' opinions on things I'm worried about. C
2. My friends can tell when I'm upset about something. C
3. When we talk, my friends listen to my opinion. C
4. *I feel silly or ashamed when I talk about my problems with my friends* A
5. *I wish I had different friends.* \*
6. My friends understand me. T
7. My friends support me to talk about my worries. C
8. My friends accept me as I am. T
9. I feel the need to be around my friends more often. A
10. *My friends don't understand my problems.* A
11. I do not feel like I belong when I am with my friends. A
12. My friends listen to what I have to say. T
13. My friends are good friends. T
14. My friends are fairly easy to talk to. T
15. When I am angry about something, my friends try to understand. T
16. My friends help me to understand myself better. C
17. My friends care about the way I feel. C
18. I feel angry with my friends. A
19. I can count on my friends to listen when something is bothering me. T
20. I trust my friends. T
21. My friends respect my feelings. T
22. I get upset a lot more than my friends know about. A
23. My friends get annoyed with me for no reason. A
24. I tell my friends about my problems and troubles. C
25. If my friends know that I am upset about something, they ask me about it. C